

# Beginning and Ending the Day

October 12



On most days the Chapter begins with Mass at 7:00 a.m. in the Chapel at the Kolping Bildungsstätte. Priests from the area parishes have been invited to preside at these liturgies that the units take turns planning. Every Wednesday during the Chapter, Mass is at 7:30 a.m. in Kloster Annenthal with the sisters living there. The presider at these Masses is Rev. Daniel Hörnemann, a Benedictine monk from the monastery at Gerlever. Father was born and raised in Coesfeld and speaks English. On the days we have Mass at the Kolping House we begin our morning with *Lectio Divina* in language groups. Each evening we end our work in the Chapter room with a fifteen minute period of silent contemplation.

A few nights a week the Café is open from 7:00 p.m. to 9:00 p.m. where many of the Chapter members gather to “unwind” and relax. Some sisters enjoy the evening by taking walks in the neighborhood, swimming or playing ping pong. Two nights a week there is optional adoration of the Blessed Sacrament in chapel from 7:00 p.m. to 8:00 p.m. - another way to “unwind” and relax in the Lord.